

Sarah Grounds

VISUAL ARTIST

PROFILE

Innovative artist with experience participating in 32 exhibitions. Extensive portfolio spanning from fine art self-portrait work to documentary work with a strong community art ethos. A great deal of experience working with people from all backgrounds. Commissioned by various ecological businesses to create Photo Essays for their websites.

EXHIBITIONS

2021

2024	
	Mash Up - Alex, Swansea (Group Show)
	Swansea Showcase – Volcano Theatre, Swansea (Group Show)
2023	Persephone Rising – 54 The Gallery, London (Group Show)
2025	
	A Different View, Studio Made, Denbigh (Group Show)
	Links - Orchard Street Gallery, Swansea (Solo Show)
	Portal – Llantarnam Grange, Wales (Group Show)
	Overly Blueish - Copeland Gallery, London (Group Show)
	Urban Foundry Exhibition - Pop Up Wales, Swansea (Group Show)
	Exquisite Codes – Bla-Bla Projektraum, Berlin (Group Show)
	Hagitude – 54 The Gallery, London (Group Show)
	Change The Picture – FemLens, Online (Group Show)
	Overly Blueish - Dynevor, Swansea (Group Show)
	Swansea Open – Glynn Vivian, Swansea (Group Show)
2022	
	It's My Life - The House of Smalls, Online (Group Show)

City and the Sea – Taliesin Arts Centre, Swansea (Group Show) Reaction – Creative Bubble, Swansea (Group Show) Unbound – Swansea College of Art, Swansea (Group Show)

CONTACT

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EDUCATION

University of Wales, Trinity Saint David, Swansea College of Art BA in Documentary Photography

and Visual Activism (2020- 2023) First Class

MA Contemporary Dialogues (2023-Present)

RELEVANT SKILLS

Adobe Photoshop Adobe Premier Pro Adobe InDesign Adobe Lightroom Studio Lighting

OTHER SKILLS

Languages; English and French

Carpentry Skills

Selfies-Women in Photography – Royal Photographic Society, Online (Group Show)

Shadows – The House of Smalls, Fronteer, Chester (Group Show)

The Time of Her Life II – The House of Smalls, Fronteer, Chester (Group Show)

The Anxiety of Interdisciplinarity – Island Venue, Bristol (Group Show)

Studio Practice - Stiwdio Griffiths, Swansea (Group Show)

Nostalgia – D31 Art Gallery, Doncaster (Group Show)

Real Utopias, Photo Fringe, Worthing (Group Show)

BBA Photography Prize, Kuhlhaus, Berlin (Group Show)

The Shadow and The Light – Water Street Gallery, Todmorden (Group Show)

2021

The Time of Her Life – The House of Smalls, Online (Group Show)

This Volatile State – The House of Smalls, Online (Group Show)

Mirror, Mirror on the Wall – The House of Smalls, Online (Group Show)

Swansea Open - Glynn Vivian, Swansea (Group Show)

Y Farchnad Gelf – Swansea Market, Swansea (Group Show)

Soft Anatomy – Volcano Theatre, Swansea (Group Show)

PRIZES

Contemporary Arts Society Wales Student Award 2024

Alan Whatley Award 2023

Sybil Crouch Award 2023

BBA Photography Prize 2022 – One Shot Award Winner

COMMISSIONS & PUBLICATIONS

2024 Artist Feature - Glynn Vivian Newsletter

Swansea Positive – Main photographer for new local paper.

1 Year Residency at Swansea College of Art

Music, Dance and Performance background.

Ecological Expert

PROFESSIONAL EXPERIENCE

Product Photographer 2004-2020

Self-Employed, England and France

Vast experience photographing diverse products for sale on the internet. Website design, advertising, social media and customer relations

Workshop Leader 2023-Present

Abbey

Primary School, Neath

Running day long, photography based workshops for children.

A.N. Degree Show Guide

Artist Feature – Art Etcetera Magazine

Dirty – Sique Magazine

Swansea Bid – Photograph and interview residents of Swansea for their website and social media.

2022 Cerebra Charity – Lifestyle and product images of Children with Special Needs and equipment. For use in their brochure and website

Metamorphosis – Haus a Rest, Zine

Womanhood - Artists Responding To...Magazine

Body – Pretence Magazine

2021 Mulch Organic, Photo Essay for their website

EKoply, Photo Essay for their website 'How to make a Solar Water Heater'

Welsh Heritage Jazz Archive, Documenting artifacts